

## **Impact of Implementing Digital Twins in the Operations related to Manufacturing process of Carrom Boards**

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### **Abstract**

The integration of Digital Twin technology into supply chain management represents a pivotal advancement in driving both efficiency and sustainability within traditional manufacturing processes, particularly for small and medium-sized enterprises (SMEs). This study examines the application of Digital Twins—virtual replicas that mirror the physical dynamics of supply chains—in optimizing the production of carrom boards, a sector often characterized by low-tech, labor-intensive methods. By adopting a Digital Twin approach, this research aims to not only enhance operational efficiency but also promote sustainable practices within the supply chain. A detailed Digital Twin model of the carrom board supply chain was developed, encompassing all key stages, from raw material procurement to final distribution. The model enabled real-time simulation of various operational scenarios, such as fluctuating demand and supply chain disruptions, allowing for strategic adjustments that reduce waste, lower carbon emissions, and optimize resource utilization. This paper presents a comprehensive analysis of the simulation results, including statistical validation, scenario analysis, and a detailed examination of key performance indicators across multiple dimensions of manufacturing performance.

**Keywords:** *Digital Twin, Carrom Board Manufacturing, SMEs, Sustainable Manufacturing, Supply Chain Optimization, Simulation Modeling*

### **Introduction**

#### **Background**

The carrom board manufacturing industry, a niche sector within traditional game production, has long been characterized by labor-intensive processes and limited technological integration. Carrom, a popular tabletop game originating from the Indian subcontinent, has gained worldwide popularity, with an estimated global market size of \$100 million as of 2023 (Global Market Insights, 2023). The game's appeal lies in its simplicity and the precision of its equipment, particularly the carrom board itself.

Carrom boards are typically made from high-quality plywood or particle board, with a smooth playing surface coated with fine powder to reduce friction. The manufacturing process involves several stages:

1. Wood selection and preparation
2. Cutting and shaping of the board
3. Surface treatment and painting
4. Printing of game lines and pockets
5. Frame assembly and fixing
6. Quality control and packaging

Each of these stages requires careful attention to detail to ensure the final product meets the standards set by international carrom federations. However, the industry, predominantly comprised of small and medium-sized enterprises (SMEs), faces significant challenges in maintaining quality while improving efficiency and sustainability.

The advent of Industry 4.0 has brought about transformative technologies that have the potential to revolutionize traditional manufacturing processes. Among these, Digital Twin technology stands out as a particularly promising solution for the challenges faced by the carrom board manufacturing industry.

Digital Twin technology, first conceptualized by Dr. Michael Grieves at the University of Michigan in 2002, refers to a virtual representation of a physical object or process that can be used for various purposes, including simulation, integration, testing, monitoring, and maintenance (Grieves & Vickers, 2017). In the context of manufacturing, a Digital Twin can provide real-time insights into production processes, enable predictive maintenance, and facilitate optimization of resource utilization.

The application of Digital Twins in manufacturing has shown significant promise in various sectors. For instance, in the aerospace industry, companies like GE Aviation have used Digital Twins to improve engine design and maintenance, resulting in fuel savings of up to 1% - a significant figure when applied across an entire fleet (Parris et al., 2018). Similarly, in the automotive sector, Siemens has implemented Digital Twins to optimize production lines, reducing planning time by up to 30% and improving overall equipment effectiveness (OEE) by 5-10% (Siemens, 2022).

However, the adoption of such advanced technologies in traditional, low-tech industries like carrom board manufacturing remains largely unexplored. This gap presents both a challenge and an opportunity for SMEs in this sector to leverage Digital Twin technology to address their specific operational and sustainability concerns.

The growing emphasis on sustainability in manufacturing processes adds another layer of complexity to the industry's challenges. As global awareness of environmental issues increases, even small-scale manufacturers are under pressure to adopt more sustainable practices without compromising on efficiency or profitability. The United Nations Sustainable Development Goals (SDGs), particularly SDG 9 (Industry, Innovation, and Infrastructure) and SDG 12 (Responsible Consumption and Production), underscore the importance of sustainable industrialization and resource efficiency (United Nations, 2015).

In this context, the potential of Digital Twin technology to simultaneously address efficiency and sustainability concerns makes it a particularly attractive solution for the carrom board manufacturing industry. By providing real-time insights into resource utilization, energy consumption, and waste generation, Digital Twins could enable manufacturers to optimize their processes in ways that are both economically and environmentally beneficial.

### **1.2 Problem Statement**

The carrom board manufacturing industry, despite its global market presence and cultural significance, faces several critical challenges that hinder its growth and sustainability. These challenges are particularly acute for SMEs, which form the backbone of this industry. Based on preliminary research and industry reports, the key problems can be summarized as follows:

1. **Inefficient Resource Utilization:** The traditional manufacturing process of carrom boards involves significant material waste, particularly in the wood cutting and shaping stages. According to a report by the Wood Resources International (2022), small-scale wood product manufacturers typically experience material waste rates of 15-20%, significantly higher than the 5-10% seen in more technologically advanced industries.
2. **Energy Inefficiency:** Many SMEs in this sector use outdated machinery and processes that are energy-intensive. The International Energy Agency (IEA) estimates that SMEs in traditional manufacturing sectors consume 30-50% more energy per unit of output compared to larger, more modernized facilities (IEA, 2023).
3. **Quality Control Issues:** Maintaining consistent quality across production batches is a significant challenge. Industry data suggests that defect rates in manually produced carrom boards can be as high as 8-10%, leading to increased costs and customer dissatisfaction (Carrom Federation of India, 2023).
4. **Demand Forecasting Difficulties:** SMEs often struggle with accurately predicting market demand, leading to either overproduction (resulting in high inventory costs) or underproduction (resulting in lost sales opportunities). A survey by the Asian Productivity Organization (2022) found that 65% of SMEs in traditional gaming equipment manufacturing reported difficulties in demand forecasting as a major operational challenge.
5. **Supply Chain Inefficiencies:** The lack of real-time visibility into the supply chain leads to inefficiencies in inventory management and procurement. This results in increased lead times and higher costs. The World Bank's Logistics Performance Index indicates that SMEs in developing countries, where much of carrom board manufacturing occurs, experience 20-30% longer lead times compared to global averages (World Bank, 2023).
6. **Sustainability Concerns:** There is increasing pressure from consumers and regulators for more sustainable manufacturing practices. However, many SMEs lack the knowledge and resources to implement effective sustainability measures. The United Nations Industrial Development Organization (UNIDO) reports that only 23% of SMEs in traditional manufacturing sectors have implemented any form of environmental management system (UNIDO, 2023).
7. **Resistance to Technological Change:** Many SMEs in this industry are family-owned businesses with long-standing traditional practices. There is often resistance to adopting new technologies due to perceived costs, complexity, and disruption to established processes. A study by Deloitte (2023) found that 72% of SMEs in traditional manufacturing sectors cited "resistance to change" as a significant barrier to digital transformation.

8. **Limited Access to Data-Driven Decision Making:** Unlike larger manufacturers, most SMEs in the carrom board industry lack access to real-time data about their production processes. This hinders their ability to make informed decisions quickly and adapt to changing market conditions. The World Economic Forum (2023) reports that only 15% of SMEs in traditional manufacturing sectors use advanced data analytics in their decision-making processes.

These challenges highlight the need for an innovative approach that can address both efficiency and sustainability concerns while being accessible and practical for SMEs in the carrom board manufacturing industry. The implementation of Digital Twin technology presents a potential solution to these problems, offering the possibility of real-time monitoring, predictive maintenance, and data-driven decision-making. However, the effectiveness and feasibility of this technology in the specific context of carrom board manufacturing remain to be thoroughly investigated.

## **Literature Review**

### ***Digital Twin Technology: Concepts and Applications***

Digital Twin technology has emerged as a key component of the Fourth Industrial Revolution, offering unprecedented opportunities for optimization and innovation in manufacturing processes. The concept of Digital Twins was first introduced by Dr. Michael Grieves in 2002 at the University of Michigan, during a presentation on Product Lifecycle Management (PLM) (Grieves & Vickers, 2017). Initially conceptualized as a digital informational construct of a physical system, the Digital Twin has since evolved into a more complex and dynamic virtual representation that serves as the real-time digital counterpart of a physical object or process.

Tao et al. (2019) define a Digital Twin as "a virtual representation of a physical object or system across its lifecycle, using real-time data to enable understanding, learning, and reasoning." This definition highlights several key aspects of Digital Twins:

1. **Virtual Representation:** A Digital Twin is a detailed digital model that accurately reflects the properties and behaviors of its physical counterpart.
2. **Real-time Data Integration:** It continuously updates based on data collected from the physical object or system, ensuring an up-to-date representation.
3. **Lifecycle Perspective:** A Digital Twin can represent an object or system throughout its entire lifecycle, from design to disposal.
4. **Enabling Understanding and Optimization:** By providing insights into the current and predicted states of the physical object or system, Digital Twins facilitate better decision-making and optimization.

The applications of Digital Twin technology in manufacturing are diverse and growing. Qi et al. (2021) provide a comprehensive review of Digital Twin applications in industry, highlighting their potential to reduce costs, improve product quality, and enhance overall operational efficiency. Some key applications include:

1. **Product Design and Development:** Digital Twins allow for virtual prototyping and testing, reducing the need for physical prototypes and accelerating the design process. For instance,

Siemens used Digital Twins to optimize the design of gas turbines, reducing development time by 30% (Siemens, 2020).

2. **Production Planning and Optimization:** By simulating different production scenarios, Digital Twins help optimize production layouts, resource allocation, and process parameters. GE Aviation used Digital Twins to optimize their production lines, resulting in a 10% improvement in throughput (GE Reports, 2021).
3. **Predictive Maintenance:** Digital Twins can predict when equipment is likely to fail, allowing for proactive maintenance and reducing downtime. A study by Deloitte (2022) found that predictive maintenance powered by Digital Twins can reduce maintenance costs by up to 30% and downtime by up to 70%.
4. **Quality Control:** By continuously monitoring production processes, Digital Twins can detect anomalies and quality issues in real-time. Rolls-Royce has implemented Digital Twins in their engine manufacturing process, reducing defect rates by 25% (Rolls-Royce, 2023).
5. **Supply Chain Management:** Digital Twins of supply chains enable better visibility, scenario planning, and risk management. A study by McKinsey (2022) found that companies using Digital Twins in supply chain management reduced inventory levels by 20-30% while improving service levels.

While these applications demonstrate the potential of Digital Twins in manufacturing, it's important to note that most studies focus on high-tech or large-scale manufacturing operations. There is a notable gap in understanding how this technology can benefit traditional, small-scale industries like carrom board manufacturing.

Challenges in implementing Digital Twins, particularly for SMEs, have been highlighted by several researchers. Kritzing et al. (2018) identify technical challenges such as data integration, model fidelity, and real-time synchronization. Organizational challenges, including resistance to change, lack of digital skills, and financial constraints, are emphasized by Rodič (2017).

Despite these challenges, the potential benefits of Digital Twins for SMEs are significant. A study by the European Commission (2023) found that SMEs adopting Digital Twin technology reported an average 15% increase in productivity and a 20% reduction in operational costs. However, the study also noted that adoption rates among SMEs remain low, with only 5% of European SMEs having implemented Digital Twin solutions as of 2022.

This literature review reveals a clear need for more research on the application of Digital Twins in traditional, small-scale manufacturing contexts. The carrom board manufacturing industry, with its blend of craftsmanship and potential for technological enhancement, provides an ideal case study for exploring how Digital Twin technology can be adapted and implemented in such settings.

### ***Sustainability in Manufacturing: Trends and Challenges***

The concept of sustainable manufacturing has gained significant traction in recent years, driven by increasing environmental concerns, regulatory pressures, and consumer demand for eco-friendly products. Jawahir and Bradley (2016) define sustainable manufacturing as "the creation of manufactured products that use processes that minimize negative environmental impacts, conserve

energy and natural resources, are safe for employees, communities, and consumers and are economically sound."

Key trends in sustainable manufacturing include:

1. **Circular Economy:** The shift from a linear "take-make-dispose" model to a circular economy where resources are used, recovered, and regenerated. A report by the Ellen MacArthur Foundation (2023) suggests that adopting circular economy principles could generate \$4.5 trillion in economic benefits by 2030.
2. **Energy Efficiency:** Manufacturers are increasingly focusing on reducing energy consumption. The International Energy Agency (IEA, 2023) reports that energy efficiency measures could reduce industrial energy use by 25% by 2030.
3. **Waste Reduction:** Emphasis on minimizing waste through better design, lean manufacturing, and recycling. The World Bank (2023) estimates that implementing comprehensive waste reduction strategies could reduce industrial waste by up to 40% globally.
4. **Water Conservation:** With growing water scarcity, manufacturers are adopting water-efficient processes. The UN Global Compact (2023) reports that water-efficient technologies could reduce industrial water use by 30-50% in water-stressed regions.
5. **Sustainable Supply Chains:** Companies are extending sustainability efforts beyond their own operations to their entire supply chain. A study by McKinsey (2022) found that supply chain sustainability initiatives can reduce overall costs by 9-16% while improving brand value.

Despite these trends, implementing sustainable manufacturing practices presents significant challenges, particularly for SMEs. Some key challenges include:

1. **Initial Costs:** The upfront investment required for sustainable technologies can be prohibitive for many SMEs. A survey by the OECD (2023) found that 67% of SMEs cited high initial costs as the primary barrier to adopting sustainable practices.
2. **Lack of Expertise:** Many SMEs lack the in-house expertise to implement and manage complex sustainability initiatives. The World Bank (2022) reports that only 15% of SMEs in developing countries have access to sustainability expertise.
3. **Regulatory Compliance:** Keeping up with changing environmental regulations can be challenging for resource-constrained SMEs. A study by Ernst & Young (2023) found that 78% of SMEs struggle to stay compliant with evolving sustainability regulations.
4. **Measuring Impact:** Quantifying the environmental and economic benefits of sustainability initiatives can be difficult, making it hard to justify investments. The Global Reporting Initiative (2023) notes that only 23% of SMEs regularly measure and report on their sustainability performance.
5. **Market Pressures:** Short-term market pressures can overshadow long-term sustainability goals. A report by the International Finance Corporation (2023) suggests that 62% of SMEs prioritize short-term profitability over long-term sustainability.

For SMEs in traditional manufacturing sectors like carrom board production, these challenges are often compounded by limited access to advanced technologies and global sustainability networks. However, the adoption of digital technologies, including Digital Twins, presents an opportunity to



address some of these challenges by providing better data for decision-making, optimizing resource use, and enabling more efficient processes.

### ***Carrom Board Manufacturing: Process and Opportunities for Improvement***

Carrom board manufacturing is a specialized industry that combines elements of woodworking, printing, and assembly. While there is limited academic literature specifically on carrom board manufacturing, studies on similar wood-based product industries provide insights into the processes involved and potential areas for improvement.

The typical carrom board manufacturing process involves the following steps:

1. **Wood Selection and Preparation:** Typically, high-quality plywood or medium-density fiberboard (MDF) is used. A study by Ratnasingam et al. (2013) on wood-based panel industries in Southeast Asia found that material selection accounts for 30-40% of final product quality.
2. **Board Cutting and Shaping:** Precision cutting is crucial for maintaining the standard dimensions required for official carrom boards. Goli et al. (2017) studied wood machining processes and found that optimizing cutting parameters could reduce material waste by up to 15%.
3. **Surface Treatment and Painting:** This stage involves sanding, priming, and painting the board. Salca et al. (2017) investigated coating processes in wood furniture manufacturing and noted that proper surface preparation could improve coating durability by 25-30%.
4. **Printing of Game Lines and Pockets:** Accurate printing of game elements is essential for gameplay. While specific to carrom boards, this process is similar to other decorative printing on wood surfaces. A report by the Furniture Industry Research Association (2022) suggests that digital printing technologies could improve accuracy by 40% compared to traditional methods.
5. **Frame Assembly and Accessory Attachment:** This involves attaching the frame, corner pockets, and other accessories. Kasal et al. (2015) studied furniture joinery techniques and found that optimizing assembly processes could improve product strength by 20-25% while reducing assembly time.
6. **Quality Control and Packaging:** Final inspection and proper packaging are crucial for maintaining product quality during transportation. A study by Kota et al. (2017) on quality management in SMEs found that implementing systematic quality control measures could reduce defect rates by 30-40%.

Opportunities for improvement in carrom board manufacturing align with broader trends in wood product manufacturing:

1. **Resource Efficiency:** Ratnasingam et al. (2018) found that advanced cutting technologies and optimized layouts could reduce wood waste by up to 20% in small-scale wood product manufacturing.
2. **Energy Efficiency:** A report by the International Energy Agency (2023) suggests that SMEs in wood product manufacturing could reduce energy consumption by 25-30% through the adoption of energy-efficient machinery and processes.

3. **Quality Consistency:** Implementing automated quality control systems could significantly improve product consistency. A case study by the European Federation of Woodworking Machinery Manufacturers (2022) showed that computer vision-based quality control systems could reduce defect rates by up to 50% in small-scale wood product manufacturing.
4. **Production Flexibility:** With changing market demands, the ability to quickly adjust production is crucial. Stanev et al. (2017) studied flexible manufacturing systems in wood-based industries and found that digitally-enabled flexible production lines could reduce setup times by 60-70% and improve overall equipment effectiveness by 15-20%.
5. **Supply Chain Integration:** Better integration with suppliers and distributors can improve overall efficiency. A report by the World Bank (2023) on SMEs in traditional manufacturing sectors suggests that digital supply chain management tools could reduce inventory costs by 20-30% and improve on-time delivery rates by 15-25%.

The application of Digital Twin technology in carrom board manufacturing has the potential to address many of these improvement opportunities. By providing real-time data and simulation capabilities, Digital Twins could enable more precise resource management, predictive maintenance, quality control, and supply chain optimization.

However, the implementation of such advanced technologies in a traditionally low-tech industry presents unique challenges. These include the need for significant upskilling of the workforce, potential resistance to change, and the initial investment required for digitalization. Understanding these challenges and developing strategies to overcome them is crucial for the successful adoption of Digital Twin technology in the carrom board manufacturing industry.

### **3. Study Objectives and Methodology**

#### **3.1 Research Objectives**

The primary aim of this study is to evaluate the potential impact of Digital Twin technology on SMEs in the carrom board manufacturing industry. Specifically, we seek to:

1. Assess the potential improvements in operational efficiency, including production speed, material utilization, and energy consumption.
2. Evaluate the impact on product quality and consistency.
3. Analyze the potential sustainability benefits, including reductions in waste generation and carbon emissions.
4. Identify key challenges and barriers to Digital Twin implementation in this context.
5. Develop a framework for successful Digital Twin adoption in small-scale, traditional manufacturing environments.

#### **3.2 Methodology**

This study employs a simulation-based approach to investigate the potential impact of Digital Twin technology in carrom board manufacturing. The research methodology consists of the following steps:



1. **Model Development:** A comprehensive Digital Twin model of a typical carrom board manufacturing process was developed using AnyLogic simulation software. The model incorporates modules for production processes, inventory management, quality control, energy consumption, and supply chain operations.
2. **Data Collection and Model Calibration:** The model was calibrated using a combination of industry benchmark data from published reports and expert input. Virtual interviews were conducted with 5 manufacturing managers, 5 industry experts, and 3 technology consultants to validate model parameters and assumptions.
3. **Scenario Development:** Six simulation scenarios were developed to explore different aspects of Digital Twin implementation:
  - Baseline Scenario (current operations without Digital Twin)
  - Full Digital Twin Implementation
  - Phased Implementation
  - Demand Fluctuation Scenario
  - Supply Chain Disruption Scenario
  - Sustainability Focus Scenario
4. **Simulation and Data Generation:** Each scenario was simulated over a 24-month period, with the first 12 months representing pre-implementation conditions and the latter 12 months showing the effects of Digital Twin integration.
5. **Data Analysis:** The simulated data was analyzed using statistical methods, including:
  - Comparative analysis of pre- and post-implementation KPIs
  - Time series analysis to identify trends and patterns
  - Regression analysis to quantify relationships between variables
  - ANOVA to compare outcomes across different scenarios
6. **Validation and Interpretation:** Simulation results were validated through expert consultations and comparison with published case studies from similar industries. The interpreted results were used to develop conclusions and recommendations for Digital Twin implementation in carrom board manufacturing.

## 4. Analysis and Discussion

### 4.1 Simulation Results

The simulation results provide insights into the potential impact of Digital Twin technology across various aspects of carrom board manufacturing. Table 1 summarizes the key performance indicators (KPIs) for the baseline scenario and full Digital Twin implementation scenario.

**Table 1: Comparison of Key Performance Indicators**

KPI	Baseline Scenario	Full Digital Twin Implementation	Percentage Change
Production Output (units/month)	5,000	5,850	+17.0%
Material Waste (%)	18.5%	12.7%	-31.4%

Energy Consumption (kWh/unit)	2.8	2.3	-17.9%
Defect Rate (%)	4.2%	2.1%	-50.0%
Overall Equipment Effectiveness (OEE)	68.3%	83.8%	+22.7%
Lead Time (days)	12	8	-33.3%
Inventory Turnover Ratio	6.2	8.1	+30.6%
Carbon Emissions (kg CO <sub>2</sub> e/unit)	3.2	2.7	-15.6%

#### 4.1.1 Operational Efficiency

The simulation results indicate significant improvements in operational efficiency with the implementation of Digital Twin technology:

1. **Production Output:** A 17.0% increase in monthly production output was observed, from 5,000 units to 5,850 units. This improvement can be attributed to better production planning, reduced downtime, and optimized process parameters enabled by the Digital Twin.
2. **Material Waste:** The Digital Twin implementation resulted in a 31.4% reduction in material waste, from 18.5% to 12.7%. This substantial improvement is likely due to optimized cutting patterns and real-time quality control measures.
3. **Energy Consumption:** Energy usage per unit decreased by 17.9%, from 2.8 kWh/unit to 2.3 kWh/unit. This reduction can be attributed to improved machine efficiency and better production scheduling.
4. **Overall Equipment Effectiveness (OEE):** OEE, a crucial metric for manufacturing efficiency, increased from 68.3% to 83.8%, representing a 22.7% improvement. This suggests significant enhancements in equipment availability, performance, and quality.

#### 4.1.2 Product Quality

The simulation shows a marked improvement in product quality metrics:

1. **Defect Rate:** The defect rate halved from 4.2% to 2.1%, indicating a substantial improvement in product quality. This can be attributed to real-time monitoring and predictive quality control enabled by the Digital Twin.
2. **Consistency:** While not directly quantified in the table, the simulation showed a 40% reduction in product variation, suggesting improved consistency in the manufacturing process.

#### 4.1.3 Supply Chain and Inventory Management

Digital Twin implementation also positively impacted supply chain performance:

1. **Lead Time:** The average lead time decreased from 12 days to 8 days, a 33.3% reduction. This improvement can be attributed to better demand forecasting and optimized production scheduling.
2. **Inventory Turnover Ratio:** The inventory turnover ratio increased from 6.2 to 8.1, indicating more efficient inventory management and reduced holding costs.

#### 4.1.4 Sustainability Impact

The simulation results show promising improvements in sustainability metrics:

1. **Carbon Emissions:** A 15.6% reduction in carbon emissions per unit was observed, from 3.2 kg CO<sub>2</sub>e/unit to 2.7 kg CO<sub>2</sub>e/unit. This reduction is likely due to improved energy efficiency and reduced waste.
2. **Resource Efficiency:** The reduction in material waste (31.4%) and energy consumption (17.9%) per unit indicates significantly improved resource efficiency.

#### 4.2 Statistical Analysis

To further validate the simulation results and understand the relationships between various factors, we conducted several statistical analyses:

##### 4.2.1 Paired t-test for Pre- and Post-implementation Comparison

A paired t-test was performed to compare the mean values of key performance indicators before and after Digital Twin implementation. The results are summarized in Table 2.

**Table 2: Paired t-test Results for Key Performance Indicators**

KPI	Mean Difference	t-statistic	p-value
Production Output	850	15.32	<0.001
Material Waste	-5.8%	-12.76	<0.001
Energy Consumption	-0.5 kWh/unit	-9.87	<0.001
Defect Rate	-2.1%	-18.43	<0.001
OEE	15.5%	20.11	<0.001

The paired t-test results show statistically significant improvements ( $p < 0.001$ ) in all key performance indicators after Digital Twin implementation, confirming the positive impact of the technology.

##### 4.2.2 Regression Analysis: Factors Influencing Production Output

A multiple linear regression analysis was conducted to understand the factors influencing production output in the Digital Twin-enhanced scenario. The results are presented in Table 3.

**Table 3: Multiple Linear Regression Results for Production Output**

Variable	Coefficient	Standard Error	t-statistic	p-value
Intercept	2150.32	235.67	9.12	<0.001
OEE	42.76	3.21	13.32	<0.001
Material Waste	-65.43	8.76	-7.47	<0.001
Energy Consumption	-187.65	25.43	-7.38	<0.001
Defect Rate	-98.32	12.54	-7.84	<0.001

R-squared: 0.876, Adjusted R-squared: 0.869, F-statistic: 187.32 ( $p < 0.001$ )

The regression analysis shows that OEE, material waste, energy consumption, and defect rate are all significant predictors of production output ( $p < 0.001$ ). The model explains 87.6% of the variance in production output ( $R\text{-squared} = 0.876$ ), indicating a strong fit.

#### **4.2.3 Time Series Analysis: Trend in Energy Consumption**

To understand the trend in energy consumption over time after Digital Twin implementation, we conducted a time series analysis. The results showed a significant downward trend, which can be modeled using the following equation:

$$\text{Energy Consumption (kWh/unit)} = 2.78 - 0.04t + \varepsilon$$

Where  $t$  is the number of months after implementation and  $\varepsilon$  is the error term.

This model suggests that energy consumption decreases by an average of 0.04 kWh/unit per month after Digital Twin implementation, highlighting the continuous improvement in energy efficiency.

### **Discussion**

The simulation results and statistical analyses provide strong evidence for the potential benefits of Digital Twin technology in carrom board manufacturing. The significant improvements in operational efficiency, product quality, and sustainability metrics align with findings from other industries that have adopted Digital Twin technology (Qi et al., 2021; Siemens, 2020).

The 17% increase in production output, combined with reductions in material waste (31.4%) and energy consumption (17.9%), suggests that Digital Twin implementation could lead to substantial cost savings and improved profitability for SMEs in this sector. The improvement in OEE from 68.3% to

83.8% is particularly noteworthy, as it indicates a comprehensive enhancement of the manufacturing process.

The halving of the defect rate from 4.2% to 2.1% demonstrates the potential of Digital Twins in improving product quality and consistency. This improvement could lead to increased customer satisfaction and potentially open up new market opportunities for carrom board manufacturers.

The sustainability benefits, including a 15.6% reduction in carbon emissions per unit, align with global efforts to reduce the environmental impact of manufacturing processes. This improvement could help SMEs in the carrom board manufacturing industry meet increasingly stringent environmental regulations and respond to growing consumer demand for sustainable products.

The regression analysis highlights the interrelated nature of various performance indicators in the Digital Twin-enhanced manufacturing process. The strong influence of OEE, material waste, energy consumption, and defect rate on production output underscores the importance of a holistic approach to process optimization.

The time series analysis of energy consumption reveals a consistent downward trend, suggesting that the benefits of Digital Twin implementation continue to accrue over time. This finding is particularly important for SMEs considering the long-term return on investment of Digital Twin adoption.

While the results are promising, it's important to note that the implementation of Digital Twin technology in SMEs faces several challenges. These include the initial investment cost, the need for technical expertise, and potential resistance to change within the organization. Addressing these challenges will be crucial for successful adoption of Digital Twin technology in the carrom board manufacturing industry.

## **5. Conclusion and Scope for Further Study**

### **5.1 Conclusion**

This study provides compelling evidence for the potential benefits of Digital Twin technology in small and medium-sized enterprises (SMEs) within the carrom board manufacturing industry. Through comprehensive simulation and statistical analysis, we have demonstrated that Digital Twin implementation could lead to significant improvements in operational efficiency, product quality, and sustainability.

Key findings include:

1. A 17% increase in production output, coupled with a 31.4% reduction in material waste and a 17.9% decrease in energy consumption per unit.
2. A 50% reduction in defect rate, indicating substantial improvements in product quality and consistency.
3. A 22.7% improvement in Overall Equipment Effectiveness (OEE), suggesting comprehensive enhancement of the manufacturing process.
4. A 15.6% reduction in carbon emissions per unit, aligning with global sustainability goals.

5. Statistically significant improvements in all key performance indicators, as confirmed by paired t-test analysis.
6. A strong relationship between OEE, material waste, energy consumption, defect rate, and production output, as revealed by regression analysis.

These results suggest that Digital Twin technology could be a game-changer for SMEs in the carrom board manufacturing industry, enabling them to compete more effectively in an increasingly digital and sustainability-focused market.

However, the study also highlights potential challenges in implementation, including:

1. Initial investment costs, which may be significant for small businesses.
2. The need for technical expertise and workforce upskilling.
3. Potential resistance to change within organizations.

Addressing these challenges will be crucial for successful adoption of Digital Twin technology in this sector.

### **5.2 Scope for Further Study**

While this research provides valuable insights into the potential of Digital Twin technology in carrom board manufacturing, several areas warrant further investigation:

1. **Real-world Implementation Study:** A pilot study implementing Digital Twin technology in a real carrom board manufacturing SME would provide practical insights into the challenges and benefits of adoption.
2. **Cost-Benefit Analysis:** A detailed economic analysis of Digital Twin implementation, including initial investment costs, ongoing operational costs, and long-term financial benefits, would be valuable for SMEs considering adoption.
3. **Human Factors:** Investigation into the human aspects of Digital Twin adoption, including workforce adaptation, training requirements, and changes in job roles, would provide a more comprehensive understanding of the implementation process.
4. **Customization for SMEs:** Research into how Digital Twin technology can be customized or scaled for SMEs with limited resources would be beneficial for wider adoption in the sector.
5. **Integration with Other Technologies:** Exploring the synergies between Digital Twins and other Industry 4.0 technologies, such as IoT and AI, in the context of carrom board manufacturing could reveal additional opportunities for improvement.
6. **Long-term Impact Study:** A longitudinal study tracking the long-term impacts of Digital Twin implementation on SMEs in this sector would provide insights into the sustainability of the benefits observed in this simulation study.
7. **Comparative Analysis:** A comparative study of Digital Twin implementation across different types of board game manufacturing (e.g., chess, backgammon) could reveal industry-specific factors influencing the success of Digital Twin adoption.

In conclusion, this study provides a strong foundation for understanding the potential of Digital Twin technology in carrom board manufacturing SMEs. The significant improvements observed in



operational efficiency, product quality, and sustainability metrics suggest that Digital Twins could play a crucial role in modernizing this traditional industry. However, careful consideration of implementation challenges and further research in the areas outlined above will be essential for successful and widespread adoption of this technology in the sector.

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