



Beyond Tech: Upskilling for Human-Centric Roles in the Age of Empathy and Creativity

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Abstract

As automation and artificial intelligence (AI) continue to reshape the global workforce, the demand for human-centric skills such as empathy, emotional intelligence, and creativity—has become increasingly vital across industries. This paper explores the strategic importance of upskilling in these areas, especially for future-ready professionals in business and management. Drawing on global trends and academic insights, it highlights how organizations and universities can foster these capabilities to drive innovation, inclusion, and sustainable leadership. The study emphasizes the need to cultivate human-centered competencies, ensuring long-term adaptability and resilience in the digital age. Building on this foundation, the paper also examines the role of experiential learning, interdisciplinary collaboration, and design thinking in cultivating these human-centric skills. It argues that embedding such approaches into curricula and corporate training programs can create agile leaders equipped to navigate complex, tech-driven environments while maintaining a strong ethical compass.

Keywords: *Human-Centric Skills, Emotional Intelligence, Creativity and Innovation, Future of Work, Soft Skills Development.*

Introduction

The Fourth Industrial Revolution has ushered in a transformative era where automation, artificial intelligence (AI), and digital technologies are redefining the nature of work across industries. While these advancements promise efficiency and scalability, they also raise critical questions about the future of human contribution. As machines increasingly take over routine and analytical tasks, the spotlight is shifting toward distinctly human capabilities—those that cannot be coded or replicated by algorithms. Empathy, emotional intelligence, creativity, ethical reasoning, and interpersonal communication are emerging as the new power skills, essential for navigating complex, tech-driven environments with agility and compassion.

For professionals in business and management, this shift presents both a challenge and an opportunity. In this evolving landscape, the concept of *human-centric roles* is gaining prominence. These roles prioritize connection, collaboration, and ethical leadership, demanding professionals who can understand diverse perspectives, foster inclusive cultures, and drive innovation through empathy and imagination.

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Traditional education models have long emphasized technical proficiency and cognitive intelligence, often sidelining the emotional and creative dimensions of leadership. However, the future of work calls for a more holistic approach—one that integrates soft skills development into the core of academic and professional training.

Global trends underscore this urgency. Reports from the World Economic Forum and McKinsey highlight that skills such as emotional intelligence, active listening, and creativity are among the top competencies required for future-ready professionals. Moreover, organizations are increasingly seeking leaders who can balance data-driven decision-making with human-centered thinking.

In response, universities and corporate training programs are beginning to reimagine their curricula, embedding experiential learning, interdisciplinary collaboration, and design thinking as key pedagogical tools. These approaches not only enhance skill acquisition but also cultivate adaptability, resilience, and ethical awareness—traits that are indispensable in a volatile, uncertain, complex, and ambiguous (VUCA) world.

This paper explores the strategic importance of upskilling for human-centric roles, particularly within the context of business and management education. It examines how institutions can foster emotional and creative competencies through structured experiences, reflective practices, and collaborative problem-solving. By drawing on academic insights, global case studies, and emerging frameworks, the study aims to provide actionable recommendations for educators, policymakers, and organizational leaders.

Ultimately, it argues that investing in human-centric upskilling is not just a response to technological disruption—it is a proactive strategy for building inclusive, innovative, and ethically grounded workplaces.

As we move beyond tech-centric paradigms, the age of empathy and creativity invites us to reimagine what it means to be professionally competent. It challenges us to nurture the human spirit alongside digital fluency, ensuring that the leaders of tomorrow are not only smart but also kind, visionary, and deeply connected to the world around them.

Importance of Empathy and Creativity In Age of Ai

- **Human-Centric Innovation:** Empathy ensures AI-driven solutions remain relevant to human needs, while creativity transforms those needs into impactful innovations.
- **Workplace Resilience and Collaboration:** Teams trained in empathy and creativity adapt better to technological disruption, fostering trust, cooperation, and collective problem-solving.
- **Leadership for the AI Era:** Leaders who blend empathy with creativity inspire loyalty, guide ethical decision-making, and drive meaningful organizational transformation.
- **Ethical and Inclusive Technology Use:** Empathy safeguards fairness and inclusion, while creativity designs novel approaches to embed diversity and equity into AI systems.
- **Adaptive Problem-Solving:** Empathy frames challenges from multiple perspectives, and creativity generates fresh solutions together they enable sustainable responses to complex issues.

- **Preserving Human Identity and Value:** In an age of automation, empathy and creativity highlight uniquely human strengths, ensuring people remain irreplaceable in roles that require compassion and originality.

Advantages of Empathy and Creativity In Age of Ai

- **Future-proof skills** – Empathy and creativity are uniquely human, making people valuable even as AI grows.
- **Fair and kind workplaces** – Empathy helps treat others with respect, while creativity builds inclusive solutions.
- **Better ideas and innovation** – Creativity sparks new ideas, and empathy ensures those ideas truly help people.
- **Handling change well** – Empathy supports people’s emotions during disruption, and creativity finds new ways forward.
- **Strong leadership** – Leaders with empathy and creativity inspire trust, motivate teams, and guide change effectively.
- **Protecting human identity** – These skills safeguard compassion and originality, keeping humanity central in an AI-driven world.

Disadvantage Of Empathy And Creativity In Age Of Ai

- **Hard to Measure** Empathy and creativity are subjective and difficult to quantify, making it challenging to assess skill growth or impact.
- **Time-Intensive Training** Unlike technical skills, developing empathy and creativity requires long-term practice, reflection, and cultural change, which can slow adoption.
- **Risk of Misuse** Creativity without ethical grounding can lead to harmful or manipulative ideas, while empathy can be exploited for persuasion or bias.
- **Cultural Differences** Empathy may be expressed differently across cultures, and creativity may clash with traditional norms, creating misunderstandings.
- **Resistance in Workplaces** Some organizations prioritize technical efficiency over human-centric skills, making it harder to integrate empathy and creativity into upskilling programs.
- **Over-Reliance on “Soft Skills”** Focusing too much on empathy and creativity without balancing technical literacy may leave workers underprepared for AI-driven tasks.

Objective

To analyze the growing importance of human-centric skills such as empathy, emotional intelligence, and creativity in the AI-driven workforce.

To explore how organizations and universities can foster these skills to promote innovation, inclusion, and sustainable leadership.

Literature Review

[Brynjolfsson, 2014; World Economic Forum, 2023; Goleman, 1995] As automation and AI increasingly handle routine and analytical tasks, the comparative advantage of humans lies in emotional and social intelligence. The World Economic Forum reinforces this by listing empathy, creativity, and emotional intelligence among the top ten skills for the future. Goleman’s foundational work on emotional intelligence continues to inform leadership models, emphasizing these traits as critical for team cohesion, ethical decision-making, and adaptive leadership in tech-driven environments.

[McKinsey, 2022; Mintzberg, 2004; Pfeffer, 2016] Strategic upskilling in soft skills is becoming essential for future-ready professionals, with McKinsey reporting that 44% of companies are actively investing in emotional and interpersonal training. Mintzberg and Pfeffer critique traditional MBA models for overemphasizing analytical skills while neglecting interpersonal and ethical dimensions, advocating for a shift toward holistic development.

[Stanford d.school, 2023] Universities and organizations are reimagining learning models to foster human-centric capabilities. Programs like Stanford’s d.school and MIT’s Integrated Design & Management emphasize design thinking and interdisciplinary collaboration, while corporate initiatives such as Google’s *Search Inside Yourself* and Deloitte’s *Human-Centered Leadership* integrate emotional intelligence and mindfulness into leadership development.

[Brown, 2018; Duckworth, 2016; Edmondson, 2019] Human-centered competencies like resilience, grit, and adaptability are vital in volatile environments. Brown emphasizes vulnerability as a strength in leadership, Duckworth highlights perseverance as a key trait, and Edmondson demonstrates that psychological safety, fostered by emotionally intelligent leaders, is essential for innovation and organizational health.

[Kolb, 1984; Tim Brown, 2009; Gardner, 2006] Experiential learning, design thinking, and diverse perspectives are powerful pedagogical tools for cultivating empathy and creativity. Kolb’s theory highlights the importance of reflection and experience, Tim Brown popularized human-centered problem-solving through design thinking, and Gardner advocates for ethical reasoning and interdisciplinary approaches in leadership education.

[Singh, 2024] The concept of *Management Education 5.0* emphasizes ethical leadership, digital transformation, and lifelong learning as foundational pillars for preparing future leaders. Singh’s study explores global practices that integrate human-centric values into curriculum design, highlighting the need for adaptive and inclusive pedagogies in complex environments.

[Schmidt, 2020] Human-Centered AI (HCAI) is defined as a design principle that enhances individual and societal capacities. Schmidt argues that integrating human-centric values into AI systems fosters social-emotional learning and ethical awareness, positioning technology as a tool for empowerment rather than displacement.

[Gerhardt, Bauwens & van Woerkom, 2025] A comprehensive review of emotional intelligence and leader outcomes highlights how EQ is increasingly linked to resilience, adaptability, and ethical decision-making. The authors argue that emotional intelligence is not just a desirable trait but a measurable predictor of leader effectiveness, offering a roadmap for integrating EQ into HRD and leadership development programs.

[Ziaieian, 2025] Research on human-centric leadership in digitally transformed organizations demonstrates that emotionally intelligent leaders significantly improve employee satisfaction and

productivity. The study emphasizes that empathy-driven management is essential for balancing technological efficiency with employee well-being.

[Harvard Business Review, 2021] A study on the future of leadership identifies emotional intelligence, empathy, and adaptability as non-negotiable skills for leaders in post-pandemic contexts. It stresses that leaders who cultivate psychological safety and inclusivity outperform those relying solely on analytical or technical expertise.

Methodology

Research Design: This study adopts a **mixed-methods approach**, combining quantitative survey data (primary data) with qualitative insights from published literature and industry reports (secondary data). The integration of both sources allows for a comprehensive understanding of how empathy, creativity, and other human-centric skills are perceived and valued in the evolving workplace.

Primary Data Collection

A structured survey was conducted with **50 respondents** across diverse age groups, genders, and occupations. The questionnaire included both closed-ended and Likert-scale questions to capture perceptions of empathy, creativity, communication, leadership, and other soft skills in relation to technical competencies. Key areas explored included:

Demographics (age, gender, occupation, work experience)

Participation in skill development programs

Preferred learning methods (online courses, workshops, mentorship, on-the-job training)

Perceptions of empathy, creativity, and emotional intelligence in workplace contexts

Views on the future value of human-centric skills compared to technical skills

Challenges faced in developing empathy and creativity

Responses were analyzed using descriptive statistics to identify trends, percentages, and distributions. For example, 98% of respondents agreed that creativity helps solve real-world problems, while 85% rated empathy as important in workplace success. These findings provide empirical evidence of the growing recognition of human-centric skills.

Secondary Data Collection

To contextualize the survey results, **secondary data** was drawn from scholarly works, global reports, and corporate initiatives. Foundational theories such as Goleman's *Emotional Intelligence* (1995), Kolb's *Experiential Learning* (1984), and Tim Brown's *Design Thinking* (2009) provided theoretical grounding. Contemporary sources such as the World Economic Forum's *Future of Jobs Report* (2023), McKinsey's *Soft Skills Training Report* (2022), and Harvard Business Review (2021) offered empirical insights into current workplace trends. Corporate and educational practices from Stanford's d.school, Google's *Search Inside Yourself*, and Deloitte's *Human-Centered Leadership* further illustrated how organizations are embedding empathy and creativity into leadership development.

Data Analysis

Thematic analysis to identify key patterns related to empathy, creativity, communication, and leadership from both literature and survey responses.

Descriptive statistical analysis to assess prevalence, perceptions, and workplace impact of human-centric skills compared to technical skills, using frequency distributions and percentages from the 50 survey responses.

Ethical Considerations: All participants were informed about the academic purpose of the study, responses remained anonymous, and only publicly accessible or scholarly secondary sources were used to support the analysis.

Analysis and Interpretation

This study draws on responses from 50 participants, analyzed through descriptive statistics and interpreted considering existing scholarship. The survey results reveal a strong emphasis on human-centric skills such as empathy, creativity, communication, and leadership, though opinions differ on their relative importance compared to technical expertise. Patterns emerging from the data highlight how these competencies influence collaboration, innovation, and workplace adaptability.

Findings and Interpretation

A total of 49 respondents participated in the survey. The majority rated empathy as highly important, with 30.6% selecting score 4 and 55.1% selecting score 5. Only 14.3% rated empathy as moderately or less important (scores 1–3). These results suggest a strong consensus on the value of empathy in workplace settings.

Of the 50 respondents, 98% (n = 49) agreed that creativity helps solve real-world problems, while only 2% (n = 1) disagreed. This overwhelming majority indicates a strong consensus among participants regarding the practical value of creativity in addressing real-world challenges.

Of the 50 respondents, 72% (n = 36) rated soft skills as moderately to highly difficult to learn (scores 3, 4, and 5). Specifically, 14% (n = 7) selected score 1, 14% (n = 7) selected score 2, 26% (n = 13) selected score 3, 14% (n = 7) selected score 4, and 32% (n = 16) selected score 5. These results indicate that while a minority of respondents view soft skills as relatively easy to acquire, the majority perceive them as more challenging compared to technical skills.

Of the 50 respondents, 82% (n = 41) expressed confidence in creative thinking and emotional awareness, with 52% (n = 26) agreeing and 30% (n = 15) strongly agreeing. Meanwhile, 14% (n = 7) reported a neutral stance, and only 4% (n = 2) disagreed. No respondents strongly disagreed. These results indicate that the majority of participants feel positively about their ability to engage in creative and emotionally aware practices, though a small proportion remain uncertain or lack confidence.

Of the 50 respondents, 72% (n = 36) agreed or strongly agreed that human-centric skills will be more valuable than technical skills in the future. Specifically, 38% (n = 19) agreed and 34% (n = 17) strongly agreed. Meanwhile, 26% (n = 13) reported a neutral stance, and only 2% (n = 1) disagreed. No respondents strongly disagreed. These results suggest that the majority of participants anticipate a growing importance of human-centric skills, though a notable portion remains uncertain.

Of the 50 respondents, 48% (n = 24) believed that AI will increase the need for human-centric roles, while 32% (n = 16) were unsure, and 20% (n = 10) did not think AI would have this effect. These results suggest that although nearly half of the participants anticipate AI amplifying the importance of human-centric skills, a significant proportion remain uncertain, reflecting mixed perceptions about the future impact of AI on workplace roles.

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Of the 50 respondents, communication was the most frequently selected skill for improvement (38%, $n = 19$). Creativity and leadership were each chosen by 24% ($n = 12$), while empathy was selected by 10% ($n = 5$), and collaboration by 4% ($n = 2$). These results indicate that while respondents value a range of human-centric skills, communication stands out as the primary area where individuals feel the greatest need for development.

Of the 50 respondents, 36% ($n = 18$) believed that human-centric roles will become more important than technical roles, while 28% ($n = 14$) felt they will complement technical roles equally. In contrast, 20% ($n = 10$) indicated that human-centric roles will remain secondary to technical expertise, and 16% ($n = 8$) were not sure. These results suggest that while a majority of participants anticipate human-centric roles gaining importance or balancing with technical roles, a smaller proportion remain skeptical or uncertain about their future value.

Of the 50 respondents, 78% ($n = 39$) agreed or strongly agreed that creative problem-solving should be a core part of every curriculum. Specifically, 52% ($n = 26$) agreed and 18% ($n = 9$) strongly agreed. Meanwhile, 26% ($n = 13$) reported a neutral stance, and only 4% ($n = 2$) disagreed or strongly disagreed. These results indicate strong support for integrating creative problem-solving into educational curricula, with minimal opposition.

Of the 50 respondents, 28% ($n = 14$) indicated that empathy and creativity make work more meaningful, while another 28% ($n = 14$) stated that these skills are expected in modern jobs. Additionally, 20% ($n = 10$) believed empathy and creativity help build better relationships, and another 20% ($n = 10$) felt they improve problem-solving. Only 4% ($n = 2$) reported being unsure. These results suggest that respondents recognize multiple benefits of empathy and creativity, with particular emphasis on their role in enhancing meaning and meeting workplace expectations.

Of the 50 respondents, the most frequently reported challenge was fear of judgment or failure (40%, $n = 20$). Other challenges included lack of time or support (20%, $n = 10$), rigid work or study environments (14%, $n = 7$), and insufficient training (14%, $n = 7$). Additionally, 12% ($n = 6$) indicated that they do not face any challenges in being creative or empathetic. These results suggest that psychological barriers, particularly fear of judgment, are the most significant obstacles to practicing creativity and empathy, while structural and resource-related challenges also play a role.

Of the 50 respondents, 32% ($n = 13$) advised focusing on real-world impact, while 26% ($n = 16$) recommended being open-minded and listening well. Another 24% ($n = 12$) emphasized the importance of keeping learning and staying curious, and 14% ($n = 7$) highlighted practicing empathy and teamwork. Only 4% ($n = 2$) reported being unsure. These results suggest that respondents view human-focused roles as requiring a balance of openness, empathy, curiosity, and practical application, with a notable emphasis on making meaningful contributions in real-world contexts.

Recommendation

Elevate Human-Centric Skills Alongside Technical Expertise: Organizations should integrate empathy, creativity, communication, and leadership into training and evaluation frameworks, positioning them as co-equal with technical skills.

Embed Creative Problem-Solving in Education and Training: Educational institutions and corporate programs should embed creativity modules into curricula, emphasizing applied problem-solving and design thinking.

Address Barriers to Empathy and Creativity: Foster psychological safety, encourage risk-taking, and provide structured time for creative collaboration to reduce fear of failure and lack of support.

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Leverage AI to Strengthen Human Roles: Position AI as a complementary tool that automates routine tasks, freeing employees to focus on emotional intelligence, ethical reasoning, and creativity.

Prioritize Communication and Leadership Development: Invest in mentorship and leadership programs that emphasize interpersonal effectiveness, treating communication as a foundational skill across all roles.

Align Learning Methods with Workforce Preferences: Emphasize experiential learning models such as on-the-job training and mentorship, with online courses and workshops serving as supplements.

Reframe Human-Centric Roles for the Future: Frame human-centric skills as strategic differentiators in the age of automation, balancing technical expertise with innovation and collaboration.

Foster Meaningful Work and Relationships: Design roles and cultures that emphasize purpose, collaboration, and relationship-building, ensuring employees feel valued beyond productivity metrics.

Encourage Continuous Upskilling and Curiosity: Promote a growth mindset culture where employees are rewarded for curiosity, adaptability, and lifelong learning.

Strategic Implications for Research and Practice: Policymakers, educators, and organizational leaders should redefine success metrics to include empathy, creativity, and emotional intelligence, ensuring these skills are systematically developed as foundations of sustainable success.

Conclusion

The study highlights that in a rapidly evolving digital economy, human-centric skills are not optional but essential for long-term adaptability and resilience. Emotional intelligence, empathy, and creativity provide the foundation for ethical decision-making, inclusive leadership, and innovative problem-solving, ensuring that professionals remain relevant in technology-driven workplaces. Universities and organizations must therefore prioritize experiential learning, interdisciplinary collaboration, and design thinking as core strategies to embed these competencies into education and training. Such approaches not only prepare individuals to thrive in complex environments but also strengthen organizational cultures that value diversity, sustainability, and human connection. By investing in the development of these soft skills, institutions can cultivate agile leaders who balance technological advancement with human values, positioning themselves as drivers of innovation and sustainable growth in the digital age.

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