

# 'Integrated System Vital to Indian Health Sector'

## Express News Service

**Mysore:** Ayush director G N Srikantaiah said its need of the hour to provide integrated system in health sector by merging the traditional and modern health systems.

He said that discussions are being held in this regard with the Planning Commission. "Many countries are following Integrated System but not India," he said, adding that if the method followed in India too, definitely it will benefit the country. "Even though India has its roots in traditional medicines, some where we have failed to reach the target in health sector," he regretted. Through Ayurveda, a child obtains physical and mental health, whereas its not same with the modern medicine, he explained.

He was speaking after inaugurating a national seminar on 'Opportunities and Challenges for Traditional



**AYUSH director GN Srikantaiah inaugurated the Seminar in Mysore on Tuesday | Express Photo**

Health Systems' at SDM-IMD Institute in Mysore on Tuesday. The event was organised by the Department of AYUSH, Mysore and Mind Body Spirit Society of India (MBSSI), Global Alliance of Traditional Health Systems (GATHS).

"Earlier it was 'Prevention is better than cure,' but for today's generation 'cure is better than prevention'. After Independence people are not only following Westerners' food culture and dress code, but are even attracted to modern system traditions," he said. Quoting World

Health Organisation (WHO) statistics that about 70 per cent of people across the globe depend on traditional medicine system, he said that providing the medicine for more people, specially for rural people at an affordable price, is one of the major tasks. He said that about 90 per cent of primary health care can be taken at home. By 2020, India will become a hub of non-communicable diseases and diabetics, he said, adding that about 60 per cent of people suffer from heart diseases and 75 per cent from hypertension.